



Habits in the past

Used to (Va)

Form: S+Used to+Vp1-to

We use this construction to indicate a habit in the past, it is possible to do it now, but we do not. We can add what we do now, if we want, but it is not necessary.

- **I used to drink coffee** (*I drank coffee in the past, it was a habit, I can drink it now but I do not*)
- **We used to play with soldiers** (*We played with them in the past, today it is possible, but we do not*)

Would

Form: S+would+Vp1-t + clause

We use this construction when we express a habit in the past that is not possible now, the clause explains why.

- **I would drink beer with Martin when I was in England** (*I am not in England now, it is not possible to drink with Martin*)
- **My grandmother would kiss me** (*maybe my grandmother is dead, so it is no longer possible*)

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To Be Used To

Form: S+[be]+used to+O

We use this construction, in the past, present, and future to express a habit acquired through exercise, learning.

- **I was used to getting up at 6 a.m.** (*In the past it was normal for me, but now I have lost the habit*)
- **You will be used to English** (*It is not easy for you to speak English now, but with exercise, it will become a habit*)